

**A little about fabric choices:**

I love to work with Batiks, they are wonderful because they fray less than printed fabrics. Batiks are not required for this technique, but they are nice!

Background fabric choice: The background goes behind your flower. It should contrast well with the flower color.

Flower Choices: Choose the color appropriate to your flower, a variety of yellows for Sunflower.

Main Fabric: This fabric should relate to your flower choice. I love to look for Sunflower fabrics when I shop! Make sure the print relates to your flower in subject or color.



**Required Supplies:**

- 18” Leaves Galore Norme template (available for purchase in class)
- Medium or large cutting mat at least 18” x 24”
- 28mm rotary cutter with a brand new blade (available for purchase in class)
- Appliqué Pressing Sheet\* or parchment paper in a pinch
- Marking pencil that shows up on your main fabric\*\*\*
- Standard class supplies: Pencil, Notebook, Scissors, Straight edge acrylic ruler, camera (optional)
- Sewing Machine with a new needle in your machine
- Piping foot or zipper foot. Must get very close to your piping.

**Fabrics for FOUR place mats (we will only make one in class):**

- Leaves: Green scraps or a 12 x 12 square
- Flowers: ¼ yard of two fabrics or scraps
- Background: 3/8 yard
- Main fabric: 1 yard cut in 14” x 18” rectangles
- Piping and flange: fat quarter of contrasting/accent fabric (see homework) or prepared piping (4 yards).
- 1/8” or ¼” cotton cording to fill your home made piping (2 yards) or prepared piping above
- Binding, 1/3 yard of fabric (I use main fabric) cut into 2 ¼” strips
- Mistyfuse™ or fusible web of your choice: 2 yards
- Backing: 1 yard cut into 16” x 22” rectangles
- Batting: Four 14” x 22” rectangles
- Thread to match appliqué
- Thread to match background

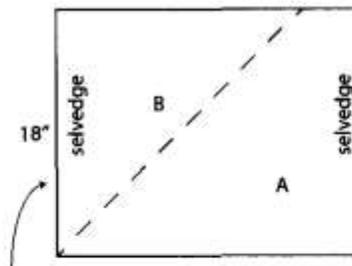
Homework:

If you can get your hands on my Leaves Galore Templates (borrow one from a friend?), practice cutting curves before you come to class. Use a 28mm rotary cutter, and go slowly!! It may take a little while, but with a little practice you will be cutting curves like a pro.

Please complete this step before class. If everyone gets their homework done before class, we will get lots more done on the place mats!

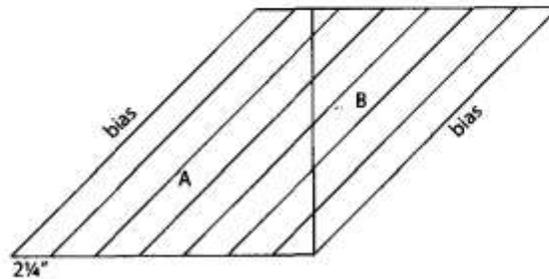
- Prep: Fuse back of flower and leaf fabrics only. Let cool.
- If you choose to make your own piping, make your bias for piping and flange:

Diagram 1



Fold this selvedge edge to the adjacent raw edge and cut along fold.

Diagram 2



Sew the selvedge edges together in a  $\frac{1}{4}$ " seam. Press open.  
Cut parallel lines at  $2\frac{1}{4}$ " along bias edge with a rotary cutter and straight acrylic ruler.