

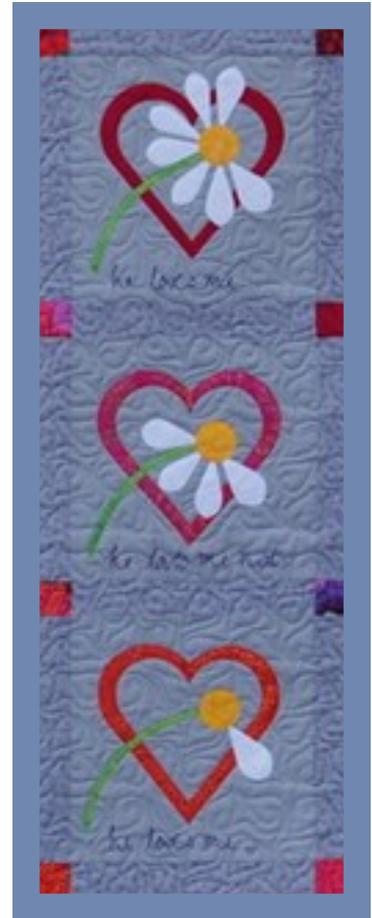
A: Wash, press, and prepare fabric

Wash and press all fabric. It is very important to wash your fabrics for two reasons. You do not want the colors to run after putting so much work into your quilt. Secondly, fusibles work much better if you remove the sizing from the fabrics before fusing. This is important not only for the appliqué fabrics but for the background fabrics as well.

Choose the lightest weight fusible product available, and do not use on that has a sticky side. Mistyfuse™ works best for my methods because it is thin, soft and not sticky. It is my favorite fusible web.

B: Cut background squares, sashing, and borders

Background	3	12" squares
Sashing	10	2" x 10 1/2"
Border one	3	1" x 37 1/2"
Border two	3	3" x 44 1/2"
Binding	3	2 1/4" x WOF



C: Mark embroidery on background squares

Step 1: Fold a guideline 1 1/2" up from the bottom of each 12" background square. Place each block over the lettering guide lining up the bottom edge of the letters with the guideline.

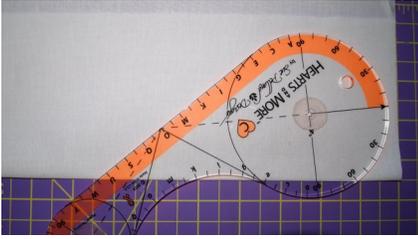
D: Cut heart appliqué shapes with the Hearts and More templates. Use a rotating mat for ease of cutting if possible.

Step 1: Fold one edge of a 12" square of heart fabric in by one third with fusible sides together. Using the large end of template C, place the 60° mark and the capital letter "V" on the fold. Cut but do not unfold the heart. Flip the heart over for step two.

Step 2: Cut out the inside of the heart by using the small side of template D. Put the 90° mark and the capital letter "N" on the fold. Make sure your inside heart is centered on the outside heart to give about a 1/2" width to the heart outline. Cut.

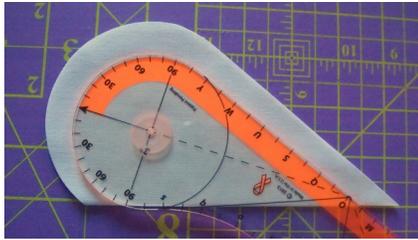
E: Arrange hearts on background and stitch

Center the heart just over the marking for the embroidered words. Fuse hearts in place with a hot iron, using a pressing sheet. Let cool completely. Complete decorative stitching around the hearts now before you add the flowers.



F: Cut 17 petals (teardrop shapes) for daisy from white pre-fused fabric, 4" x 20". If your white is thin and won't cover the heart fabrics, double up the layers.

Vary the size of the petals slightly to give the flowers a more natural, random look. Using template A, use the large end from 30° to capital "Q" on the orange side of the template. If you wish, vary the petal widths anywhere between zero and 30° but always keep the length at "Q".



G: Cut three 1 5/8" circles for flower centers from pre-fused yellow fabric. If fabric is thin, you may need to cut two layers. Fold fabric once and cut on the larger end of template A. Place the solid line that

bisects the circle on the fold (Photo 5). Cut with a sharp 28" rotary cutter on a rotating mat if one is available.

H Cut Stems: If you have the Grande Leaves Galore template use the 8" curve to cut 1/4" curved strips for stems. If not using Leaves Galore, start with an 8" square and cut 1/4" wide bias strips from corner to corner. You will need three 1/4" wide bias strips, approximately 9" long.

Add one green stem, gracefully curving from the bottom left corner over the heart, ending in the center of the heart. End the stem with a yellow center. Trim the green stem to end just 1/4" under the yellow center to avoid the green showing through.

Arrange nine petals on the first block (He loves me) spacing petals evenly around the yellow center. Tuck ends under center. Size of petals can vary slightly.

On each subsequent block remove a few daisy petals, always starting at the same spot to remove the petals. The final block will have only one petal. Add fallen petals to the bottom edge of the quilt.

I: Fuse all appliqué in place using a hot iron and a pressing sheet. Complete decorative stitching around each design element with matching thread. Use the decorative stitch of your choice, and matching thread to finish the edges of each appliqué shape.

The cover quilt shows a straight stitch on all parts of the flowers. This was done with a free motion foot on the sewing machine as if you were quilting. Match the top thread color to the appliqué

J: Layer, baste and quilt as desired

K: Square, bind, and label

Square: Square up your quilt using a Quilter's Chalk line to ensure your edges are perfectly square before binding or use your largest square ruler and a straight edge. Trim quilt if needed.

Bind: Attach binding strips end to end with a diagonal seam. Fold binding strips and press. Apply the double fold binding to the front of the quilted piece using a 1/4" seam around the edges. Bring to the back and hand stitch.

Label: Make a decorative label for the back of your quilt.

Hand Appliqué Instructions

Should you choose to do hand appliqué, full-sized appliqué shapes are found on this page. Do not put fusible on the back of appliqué fabrics in Step A. Hand appliqué should always be done prior to quilting. Do not use the "Quilt First" method.

Freezer Paper on Top:

Trace appliqué shapes from sheet provided on freezer paper. Do not reverse, do not add 1/4" seam. Cut out on the line.

Iron freezer paper shapes to the right side of each appliqué fabric. Cut shape out a scant 1/4" beyond the edges of the freezer paper shape.

Turn under 1/4" seam allowance as you stitch the appliqué down with a blind stitch. Use the freezer paper edge as your turn under guide.

If you choose not to use the freezer paper method, use any appliqué method you prefer.

Complete Steps A to E.

Appliqué hearts and flowers on 12" squares of background fabric after completing embroidery. Use the freezer paper method above or your favorite appliqué method. Trim blocks to 10 1/2".

Complete Steps E and F.

Proceed to Step M and enjoy!!

To do fusible appliqué without quilting first, complete Steps A to C, then F to J. Complete the embroidery in Step D then arrange the fusible appliqué shapes over the embroidered words as in Step L. Piece the background and quilt, (Steps E and F), then square, bind, and label, Step M.

Lettering Guide

he loves me...

he loves me not.