



# Belle en Rouge

A Quilt-Along with Sue Pelland

Welcome to the 2019 Quilt-Along with Sue Pelland Designs! We are so glad you can join us for our 2019 Educational Program where I will teach you new techniques for using the Leaves Galore and Hearts & More tools as we Quilt-Along together.

**Get ready to learn how to make a beautifully fused and machine-stitched appliqué quilt!**

The goal of the Quilt-Along is to teach you how to use my rotary cutting tools, how to use Mistyfuse, and how to buttonhole stitch like a pro. The instructions and videos will focus on teaching you fusible, rotary cut appliqué. If you love fusibles, or if you think you might like to try fusibles, this quilt is for you! Even if you dislike fusibles, this quilt might be for you! Have you tried my method of rotary cutting your appliqué shapes multiples at a time? Have you ever fused with Mistyfuse? Try it, you may love it!

Since you may have some questions about how the Quilt-Along will run, I have put together this introduction for you. I hope this clears up any questions or concerns.

**I was a part of the 2018 BOM/Quilt Along. Is this quilt going to challenge me?**

Yes! While you will see some familiar shapes in this quilt, you will also be learning many new techniques. Carefully inspect the clam shells, the vase, and the flowers in the vase. These are unique shapes that were not taught in "My Magical Garden". This quilt contains more piecing than our 2018 BOM/QAL and precision piecing and pressing are important lessons in this design.

**When and how will the instructions be delivered?**

The "Belle en Rouge" Quilt-Along is a nine month program. Each month you will learn unique techniques for both appliqué and piecing this medallion style quilt! We will be stitching the sections as we go, so there is less finishing work later. Month nine will have the final instructions to assemble the quilt top.

This is a PDF only quilt-along program starting April 1, 2019. No printed material will be mailed to you. The link at the end of this document will bring you to the Quilt-Along page on my website, [suepellanddesigns.com](http://suepellanddesigns.com). You will need to log in with your user name and password to access the patterns and videos.

Going forward, on the first day of the month you will receive an email notifying you that the PDF patterns and instructional videos are available. You will follow the link in the e-mail to

suepellanddesigns.com and log in with your user name and password to access the patterns and videos.

Access to the patterns and videos will continue after the program ends, so you can take as long as you need to finish the project.

### **Can I hand appliqué?**

Absolutely, it's your quilt! If you choose not to follow our fusible or rotary cutting instructions, you can use your favorite method of appliqué. There will be full-sized patterns for you to trace and cutting instructions so you know what to cut as well as layout guides. Fabric requirements are meant for my method of fusible appliqué. With rotary cut appliqué, there is very little waste and no seam allowances. If you choose a different method, purchase a little extra appliqué fabric. Remember, our instructions and videos will be teaching rotary cut, fusible, buttonhole stitch appliqué. Only choose hand appliqué if you can do that without extra assistance.

### **What will I do each month?**

The first thing to do is to print and read the instructions for that month. Print in color or black and white, it won't matter a bit. Watch the video lesson. Each video will show you the cutting techniques you need for the quilt section you are making each month. One tool at a time will be featured, starting with the Leaves Galore templates. Cutting techniques using the tools will be demonstrated to make your appliqué shapes faster and easier. There will be no tracing, no cutting with scissors, and no peeling off paper backings from your fusible! Learn and practice the fun way to appliqué, and make the quilt as you practice. Watch the videos as many times as you like and refer back to them each month to reinforce your newly acquired skills.

### **I'm joining after April 1<sup>st</sup>, what should I do to catch up?**

Although the Quilt-Along starts on April 1, 2019, it is never too late to start. You will have immediate access to all available monthly instructions and videos.

### **What can I do to prepare for making the quilt?**

Prep-Work Instructions are included at the end of this document. Yardage requirements will be available by February 1st on the Quilt-Along section of the website. You'll receive an email when the document is available if you join prior to February 1st. Refer to these to review the fabric requirements, instructions for preparing your fabrics for rotary cut appliqué and to gather the other supplies needed for this project.

### **Can I work together with friends in my guild, mini group or shop?**

Quilting is more fun when we do it together! Please respect my copyrights and do not copy or share your copy with friends. If you plan to do this as a group, each member of your group needs to be signed up for my Quilt-Along by purchasing the full payment or subscription product on my website. All patterns and images are the property of Sue Pelland Designs and may be

printed for personal use only. Patterns and videos may not be shared electronically in any form whether or not you profit from it.

There will be no pattern or kitting plan for shops until January 2020. We absolutely want you to start thinking about kitting this for next year, but we want to make sure it is flawless before doing so.

### **How big is the quilt and can I make a different size?**

The quilt size is 80" x 80". The medallion center and the clam shell setting squares finish up at 41". Adding the checkerboard border finishes at 45". Including the leaf and vine border would give you a 62" finished quilt. Any of these sizes will make a beautiful quilt, however following the plan for all nine months will give you the most practice with the rotary cut appliqué methods. Cutting the lessons short will limit your opportunity to learn how to use every rotary cut appliqué tool.

I hope I have answered most or all of your questions. If I have missed something, please contact me.

### **Social Media is a great way to stay in touch...**

Sign up for the Facebook Group where you can share and learn. <https://www.facebook.com/groups/SPDquiltalong>. There you will find photos of other people's projects, share your progress, and ask questions. I will be checking in regularly to make sure you get the correct answers to your questions. "Facebook Live" sessions will be held now and then so you can learn something new, ask a question and interact with me, your teacher for the duration of the program

If you're on Instagram, that's great because I am too! Post photos of your project on Instagram and please use the hashtag: #suepellandQAL and tag me (@suepellanddesigns) so I can see what you are up to!

I look forward to Quilting Along with you! Here's the link to get started: 2019 Quilt-Along.

A handwritten signature in black ink on a light-colored background. The signature reads "Sue Pelland" in a cursive, flowing script. The first letter 'S' is large and loops around the first few letters. The name is written in a single line.

## Before you Begin: Prep-Work Instructions

**Review the Fabric & Thread Requirements:** Purchase the required fabric or pull from your stash. If you are working from your stash, you will choose one background fabric and as many red fabrics as you have! You may choose to do this quilt in any color combination. You will need a matching thread for Appliqué and a piecing thread that matches your background fabric.

If you like the color way that the sample is made in, you can pre-order kits from our website. In the kits there is more than enough fabric to work with. A variegated red appliqué thread and a 50 weight Aurifil piecing thread will be included in the kit. The binding is included.

**Print a Handy Appliqué Color Chart:** This chart will help you coordinate the appliqué fabrics needed in addition to your background fabric.

**Prewash Your Fabrics (whether you are making a red and white quilt or your own color choices):** If you are making a red and white quilt, you know how important it is to prewash all your fabrics to ensure color stability. I like to wash red fabrics by hand so I have a visual on how much the fabrics run. If you find a fabric that continues to bleed after washing, set this fabric aside for another project. There is too much work in this project to take chance on the fabric continuing to bleed. After washing your colors by hand, repeat in a regular washing machine cycle and include a Color Catcher. When dry, press. Do not use starch or sizing, just spritz with water to get the wrinkles out.

Did you know that there are several other reasons to prewash all fabrics? Prewashing will ensure that your fusible will adhere correctly to your fabric. Sizing interferes with the fusible and needs to be removed by prewashing. Prewashing will not only remove unfixed color and sizing, but will also remove shrinkage that can make seams pucker and make your quilt look unprofessional.

**Purchase any Additional Templates, Fusible and Notions Recommended for this Project:** You can find all of the necessary supplies in the shop on my website. The Quilt-Along is designed to teach you to the Sue Pelland Designs Leaves Galore and Hearts & More templates. We recommend that you adhere a non-slip grip, such as TrueGrips, to the back of your Leaves Galore templates and both sides of the Hearts & More templates.

Our recommended fusible is Mistyfuse. An appliqué pressing sheet is required to apply Mistyfuse because there is no paper backing. The Fat Goddess Sheet by Mistyfuse is what I use, but you may already have a Teflon pressing sheet at home. Watch my video, "Applying Mistyfuse" on my website to learn how to fuse with Mistyfuse and the Goddess Sheet.

Do you have a supply of 28mm rotary cutting blades for your brand of cutter? For a project of this size, you may need to change your blade several times.

Other items that are absolutely optional, and will be demonstrated in the videos, are the chalk wheel, Quilter's Chalk Line and Iron-Erase Chalk. There may be other recommended notions along the way but these are always optional.

## *Belle en Rouge* Appliqué Fabric Chart

Use four fabrics with a lot of white space in the print for the vases (medallion and the four appliqué corner squares).

Arrange Fabrics 1-4 from dark to light.

Use fourteen fabrics that read as red with a wide variety in texture, scale, shade and value.

Fabrics 6-19 will be used for clamshells, piecing, leaves and flowers. Fabric 6 will also be used for vines.

Use three of the darkest reds for the lemon-shaped leaves in the medallion and four appliqué corner squares.

Fabrics 21-23



1—Fat Quarter



6—1/2 yard



12—1/3 yard



18—1/3 yard



2—12" x 12"



7—1/3 yard



13—1/3 yard



19—1/3 yard



3—12" x 12"



8—1/3 yard



14—1/3 yard



20—1/3 yard



4—3" x 9"



9—1/3 yard



15—1/3 yard



21—1/3 yard

Use the fabric with the most white print for the leaves and vines in the Medallion.



10—1/3 yard



16—1/3 yard



22—1/3 yard



5—Fat Quarter



11—1/3 yard



17—1/3 yard



23—1/3 yard

Place Background Fabric Sample Here

You will need 6 1/2 yards.

# Choosing Fabrics for *Belle en Rouge*

## For a “One Color” Quilt

My red quilt is an example for a one color quilt. Substitute any other color for red, and you can have a successful quilt, as long as you choose a wide variety of textures, scales, shades and tones of your chosen color. The color chart and guide will help you in finding successful fabrics for each section of the quilt. Use the black and white photo feature of your cell phone or camera (or a scan on your computer) to greatly assist you in finding the right prints for the different sections of your quilt.

You will need a wide variety of textures, prints, and scales of print to distinguish one red from the other. Variety in the reds is a very good thing. Choose reds that range from warm orangey reds, to true primary reds, to more cool “blue” reds.

When I talk about red prints, I am talking about prints with red as the primary and the only color in the print. I do not recommend calico prints with multiple colors (think tiny yellow flowers on a red background). The only exceptions would be prints with red and a neutral color: ie. red with white, off white, gray or black prints.

Start by pulling all the red prints from your stash. Remove any red prints with white backgrounds that read as more than 75% white. Remove any red prints with colors in the print other than shades of red and neutrals. Take out all the ones with yellow flowers, green leaves, and blue polka dots!

Now make a special pile of fabrics that are 50% to 75% beige or white in the print. Five of these prints are needed to put into the Fabric 1-5 slots on the color chart. Fabric 5 will be the laciest red with the most white. Mine has a true red background, with a very large, lacey white print. Fabric 5 is used for leaves and vines in the background of all the vase sections of the quilt. The equivalent of one fat quarter of Fabric 5 is necessary. The other four prints in this group will be used for the vases. It is unlikely you will have the right five prints for this category. You may need to go out and shop to supplement what you have or you can purchase a kit from my website. Not much fabric is needed but the choices of these fabrics is critical to the success of the vase. The easiest way to choose these prints is to look at a black and white photo of the colors. Do they look more white or more black? If they truly look gray, half way between black and white, they are a good choice. Now, within this grouping, try to arrange the fabrics until they are shaded from dark to light. This will give depth to your vase in the center of the medallion. These prints were the hardest for me to find in my stash, and I had to shop specifically for these prints. There was much trial and error to find the right prints and to order them from dark to light.

Fan out the remaining reds prints in neatly folded pieces or pile them on the floor and take a photo of them. These are your contenders! By looking at the photo, make a pile of all the reds that are blenders, tone on tone, and textures that 98% or more red; any shade of red. Keep the orangey reds, purple, grayed down reds and the primary reds. Keep large scale prints and teeny, tiny prints. Variety is your friend!

From the photo, find the three darkest reds that read more black than gray in the photo. In real life they may be burgundy or very deep purpley red. Put your favorite of these fabrics in position #21, #22 and #23. Now

take another photo. Can you see many distinct fabrics or do they all look exactly the same? If they all look exactly the same you may need a little more variety. Once you have a good variety, fill out the color chart with the fabrics in positions #6-20. Fabric 6 will be used for the vine in the leaf and vine border. Fabrics 6-20 will be used in the clamshells, flowers, buds, leaves and pieced parts of the quilt.

## **For a “Multi-Color” Quilt**

Choose one color to make all your vases. If you use a blue vase. Choose four blues that work well together and that you can arrange from dark to light. These are Fabrics 1-4. Now choose a leaf color. Green is a good choice. Put the green print in Fabric #5. Now find three more green prints that work well with the first one. These will be Fabrics 21-23.

What color do you want your roses to be? Put the rose color in Fabrics 16-20. Fill out the rest of the chart, Fabrics 6-15. All Fabrics 6-23 will be used for clamshells and piecing, so make sure you like Fabrics 6-23 together. They will give a scrappy look to your quilt if you choose to use multiple color groups.

## **For Quilt with a Dark Background**

Fabrics 1-5 need to be very light, and go from light #1 to dark #4. Fabric 5 should also be very light.

***Important:*** Wash all the red fabrics before making this quilt. Red fabrics are likely to bleed in the first washing and may continue to bleed until all loose color is removed. Wash fabrics as instructed. SPD will not be held responsible for quilts made with unwashed red fabrics.

### ***Wash red fabrics as follows***

Clip edges of fabric up to 1/8” in with sharp fabric scissors to prevent strings from getting tangled. Wash individual pieces of red fabric, one at a time, in the sink with a mild soap or detergent. If you see the water turn pink or red, continue washing the fabric until the water is virtually clear. Once all the fabrics are hand washed, put all the red fabrics together into a washing machine with one or two Color Catchers. Run through a regular cycle with cool water and a mild detergent. Inspect the Color Catcher after washing. If the Color Catcher is bright red, repeat the machine washing process. Dry in the clothes dryer until damp. Remove and iron dry. Fold and trim off edges of fabric. Cut a 3 1/2” wide strip by the WOF from each of Fabrics 6-23 and set aside for piecing. If you are piecing the corner squares on the outer border, then cut a 5 1/2” square from four of (Fabrics 7-21) before fusing. Fuse the remaining fabric.